

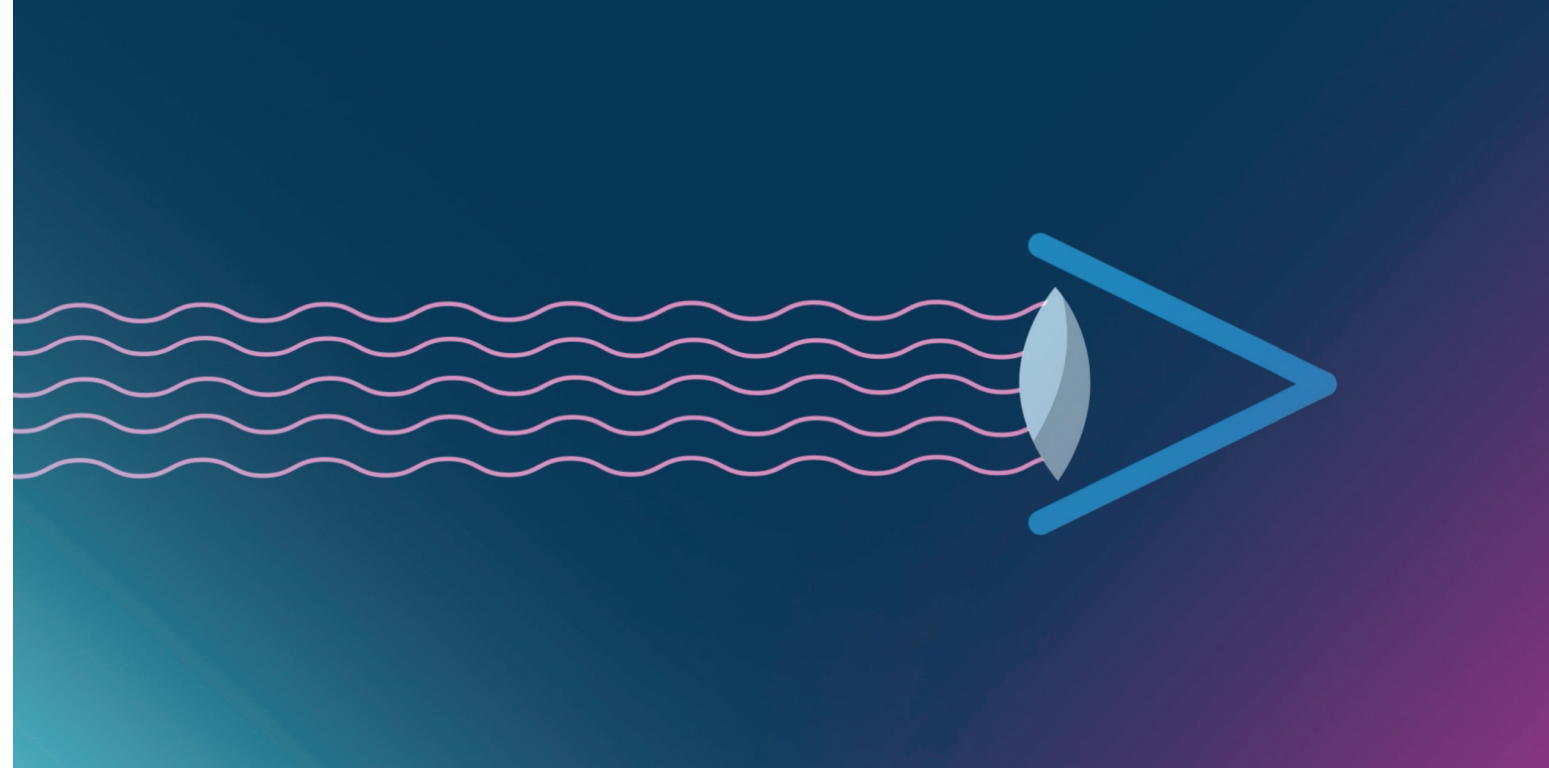
A stylized illustration of a light adjustable lens. It features a central light blue circle with two white, pill-shaped highlights. This circle is enclosed within a larger, dark teal circular outline that is not fully closed, with gaps at the top and bottom. A horizontal purple bar with white text is superimposed over the center of the lens.

Light Adjustable Lens

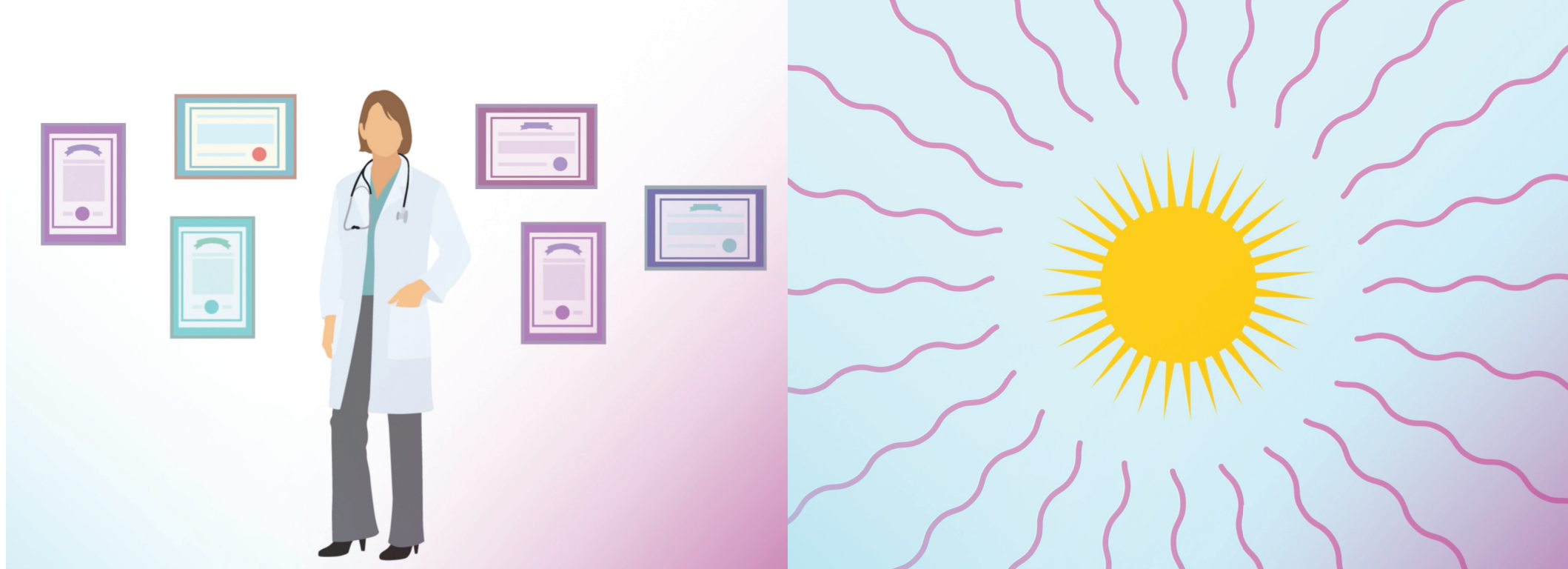
CONGRATULATIONS on choosing a breakthrough option in cataract surgery: the Light Adjustable Lens. This lens is specially designed to be adjusted after your surgery using light!

CONGRATULATIONS!

After your eyes have healed from cataract surgery, your doctor will be able to use **ultraviolet light** to adjust the power of your new lens. Ultraviolet, or “UV,” light is a wavelength of light that naturally occurs in sunlight.

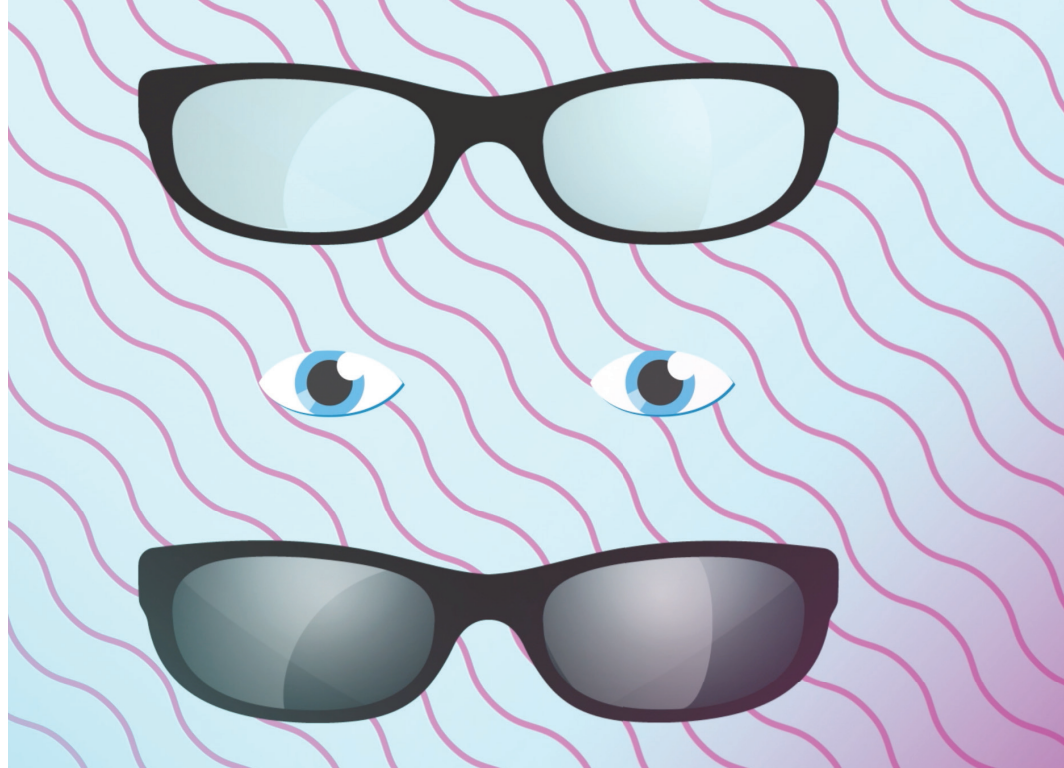


Your doctor has received extensive training on how to deliver the precise amount of UV light to adjust your lens.



The sun is an incredibly powerful source of ultraviolet light. And while your doctor has been trained in the use of UV light, the sun has not.

Since being exposed to sunlight at the wrong time could affect your lens and your vision, your doctor will provide you two sets of UV-protective glasses.



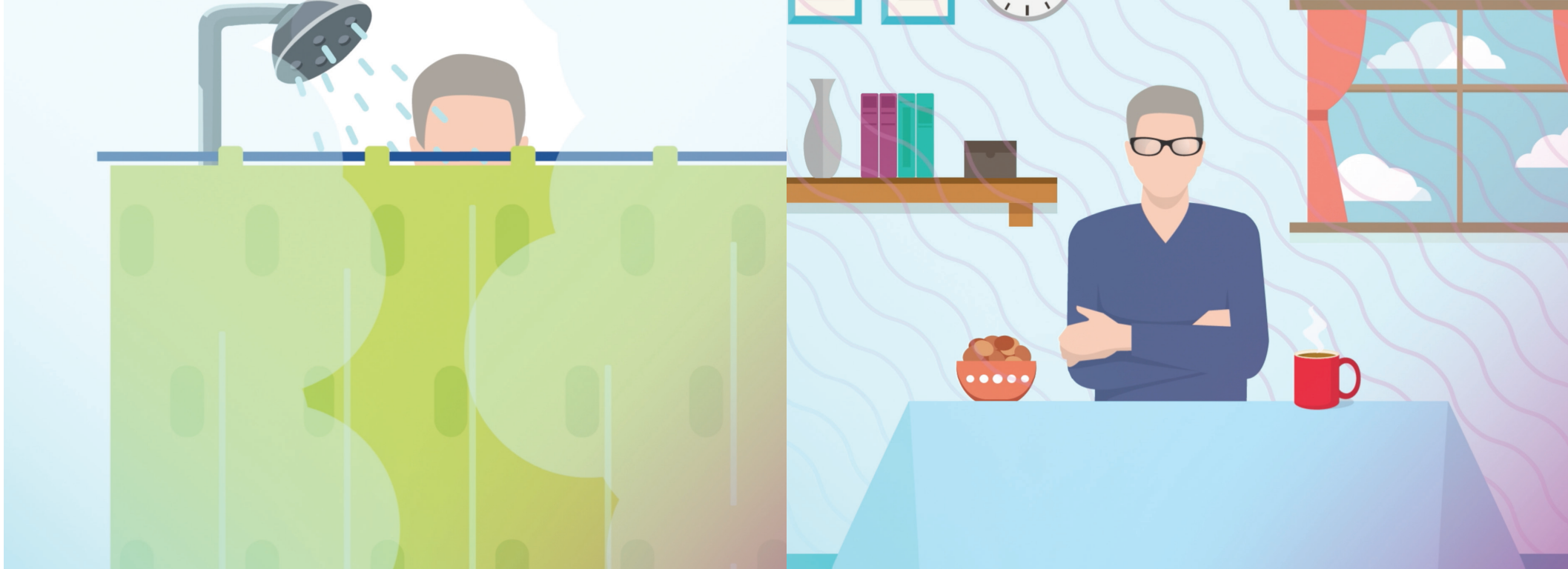
Let's take a look at how you can keep the sun away from your lenses during a normal day:

Good morning! As long as your curtains are closed, you don't need to wear your glasses when you're asleep.



But make sure you put on your clear UV-protective glasses before opening the curtains.

There's also no need to wear them in the shower, as long as your bathroom windows are covered.



Enjoy your morning coffee and catch up on the day's news with your clear UV glasses on, because even if you're indoors, the sun's light bounces around interior spaces.

Ultraviolet (UV) Light

People are often surprised to learn that the sun's UV light can still affect the Light Adjustable Lenses when they are in the shade.



So if you're outdoors, even in the shade or on a cloudy day, make sure to wear your tinted UV protective glasses and a hat!

And wear your protective glasses at all times when you drive—tinted glasses during the day...



and clear ones at night...

A simple rule is, “If you wonder, wear your UV-protective glasses.”



Let the sun shine in all its glory, but leave the precise UV light adjustments to your doctor!

